

Stay in Your Circle

Webcast #40 | August 2020



You can't always choose the path you walk in life, but you can always choose the manner in which you walk it. "Staying in your circle" will help you to be more joyful and effective by focusing on what you can control.



Life



1.) Let's start by circling which aspect of life you are currently living "accidentally" in the pie chart.



2.) What's one thing you choose to do today to begin intentionally living in that area of your life? One thing you can do to take just one step forward?



Reflections / Journal Prompts



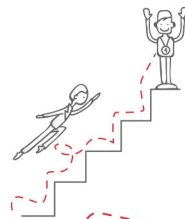
Love

• Instead of focusing on all that you can't control, focus only on what you can. And then, **on one thing**; the very next thing you need to do to live into that one thing.

work

• You can be a victim! 2020 is a tough year; no one will blame you. Or, you can choose to be a victor. Choose to see all the good that remains in your life. To be a victor, when you are experiencing something on the left column, replace it with one on the right:

Fear	Love
Anger	Faith
Pride	Confidence
Bad luck	Totally blessed
Self-focus	Selfless
Finger pointing	Ownership
Bitterness	Ferocious Optimism
Misery	Joy
Challenges	Opportunities



Choice

