IN AWE: Rediscover Your Childlike Wonder

Based on his #1 bestselling book, John O'Leary shows us how to rediscover our childlike sense of wonder to unleash inspiration, meaning and joy.

There was a time when we once joyfully raised our hand high to answer every question, believed that anything was possible and fearlessly jumped into new experiences. When we danced through our days in awe of the ordinary moments of the day and eager for the promise of tomorrow.

Unfortunately, many of us experience life very differently today. With engagement within our professional organizations waning and burnout rising, many of us find ourselves caught in a life of dogged responsibility and mind-numbing repetition at work and at home. We feel disconnected and depleted.

In this talk, based on his latest book *In Awe*, John:

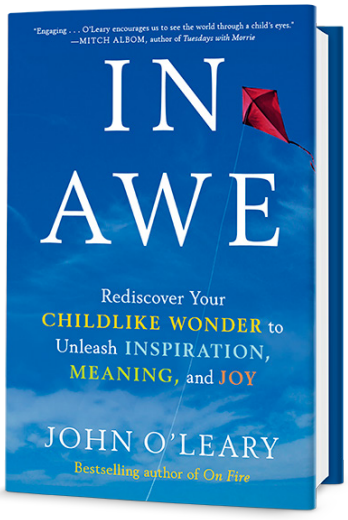
- Invites us to return to the joy and creativity of navigating life like a child
- Defines the five senses children innately possess, explains why those senses fade, and shares emotional, humorous, and inspirational stories of how we can return to them.
- Identifies the most substantial interpersonal challenges we face in living more fully and calls out the roots of those challenges, while providing practical and inspired solutions to address them.

Key Themes

INNOVATION:
Whether they want to play professional sports, think they can fly, or expect there is a solution to every problem, children are born with a naturally curious spirit that challenges the status quo. John invites us to explore what might happen when we no longer see obstacles as impossibilities. **Learn how to reengage our natural curiosity that spurs us to ask questions, push boundaries, and liberates us to innovate with new ways of thinking, solving, leading, and living.**

COLLABORATION:
Kids are always looking to expand their world, see potential friends everywhere and aren't afraid to start conversations with those around them. John invites us to stop building fences focusing on our differences, and instead show our vulnerability and need for others, which resuscitates the feeling of acceptance, belonging and community. **Learn how to reignite an environment at your organization built on shared goals, values and focus.**

EMPOWERMENT:
Despite our best exhortations, kids don't like to play it safe, but are natural risk-takers and adventurers, dreaming big and boldly going after what they want. John invites to see what's possible when we set aside the protectionism that keeps us safe. **Learn what happens when we begin to own our choices, claim our power, and live again as if anything is possible.**



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JohnOLearyInspires.com | info@JohnOLearyInspires.com | (314) 822-3282

JOHN O'LEARY
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